



KANSAS GASTROENTEROLOGY



KANSAS ENDOSCOPY

SuPrep Instructions

You Need to Purchase:

SuPrep bowel prep from your pharmacy

(We will call in a prescription 2 weeks prior to your procedure)

On the **Day Before your procedure:**

Only drink CLEAR liquids the entire day. There is no restriction on the amount you can drink.
6pm – Pour one bottle into the disposable container. Add drinking water (16 oz.) to the line on the container. Mix and drink.

The following hour – Drink two more 16 oz. glasses of water over one hour. This is a necessary step to ensure adequate hydration and effective prep.

10pm – Pour one bottle into the disposable container. Add drinking water (16 oz.) to the line on the container. Mix and drink.

The following hour – Drink two more 16oz glasses of water over one hour. This is a necessary step to ensure adequate hydration and effective prep.

Continue to drink clear liquids after the prep is complete-Stop drinking 6 hours prior to your procedure!

Please follow these instructions! Do not follow instructions that came with your prep.

Anesthesia will not allow you to drink 6 hours prior to procedure!!

6 hours prior to procedure – Nothing by mouth including: Candy, mints, gum, tobacco products, or marijuana. Failure to do so will cause your procedure to be delayed or cancelled. This is for your safety.

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