



KANSAS GASTROENTEROLOGY

KANSAS ENDOSCOPY



PlenVu Instructions

You need to purchase PlenVu (bowel prep) at your pharmacy.

We will send PlenVu Prescription to your pharmacy 2 weeks before your procedure

On the DAY BEFORE your procedure:

Only drink **CLEAR** liquids the entire day. There is no restriction on the amount you can drink.

6PM – Pour contents of Dose 1 packet into the disposable container provided. Add drinking water (16oz) to the line on the container. Mix and drink.

The following hour – Drink two more 16oz glasses of water over one hour. This is a necessary step to ensure adequate hydration and effective prep.

10pm – Pour contents of Dose 2 (Pouch A and B) into the disposable container provided. Add drinking water (16oz) to the line on the container. Mix and drink.

The following hour – Drink two more 16oz glasses of water over one hour. This is a necessary step to ensure adequate hydration and effective prep.

Continue to drink clear liquids after the prep is complete. Stop drinking 6 hours prior to your procedure. DO NOT FOLLOW THE INSTRUCTIONS ON THE BOX.

Anesthesia will not allow you to drink 6 hours prior to your procedure.

6 hours prior to procedure – Nothing by mouth including: Candy, mints, gum, tobacco products or marijuana. *Failure to do so will cause your procedure to be delayed or cancelled. This is for your safety!*

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