



KANSAS GASTROENTEROLOGY

KANSAS ENDOSCOPY



NuLytely/GoLytely/Gavilyte/PEG 3350 Prep Instructions

You need to purchase:

- NuLytely/GoLytely/Gavilyte/PEG 3350 (bowel prep) at your pharmacy. We will send prescription to the pharmacy two weeks prior to your procedure date.

On the DAY BEFORE your procedure:

Only drink **CLEAR** liquids the entire day. There is no restriction on the amount you can drink.

In the morning – Dissolve the contents of the bottle with tap or distilled water to equal one gallon. Place mixture in the refrigerator.

6pm – Drink the entire mixture over 4 hours by drinking 8oz every 10-15 minutes (until gone). It may take 1-3 hours for the first bowel movement to occur.

Continue to drink clear liquids after the prep is complete.

6 hours prior to procedure – Nothing by mouth including: Candy, mints, gum, tobacco products, or marijuana. *Failure to do so will cause your procedure to be delayed or cancelled. This is for your safety!*

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Revised 2.15.24