

# HEALTH HISTORY (1 of 2)

For office use only

Patient Name: \_\_\_\_\_

## Past Medical History (Please indicate if you have been diagnosed with any of the following)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Type 1 Diabetes                            | <input type="checkbox"/> Congestive heart failure                                | Gastrointestinal specific:<br><input type="checkbox"/> Crohn's Disease<br><input type="checkbox"/> Ulcerative Colitis<br><input type="checkbox"/> Colon polyps<br><input type="checkbox"/> Acid reflux or GERD-<br>(Gastroesophageal Reflux Disease)<br><input type="checkbox"/> Stomach ulcers<br><input type="checkbox"/> Diverticulosis<br><input type="checkbox"/> Hepatitis/Liver disease<br><input type="checkbox"/> Irritable Bowel Syndrome<br><input type="checkbox"/> Barrett's Esophagus<br><input type="checkbox"/> Celiac |
| <input type="checkbox"/> Type 2 Diabetes - Insulin Y or N           | <input type="checkbox"/> Valvular disease  |  |
| <input type="checkbox"/> High blood pressure                        | <input type="checkbox"/> Atrial fibrillation                                     |  |
| <input type="checkbox"/> Thyroid disease                            | <input type="checkbox"/> Stroke  |  |
| <input type="checkbox"/> HIV Positive                               | <input type="checkbox"/> Seizures  |  |
| <input type="checkbox"/> MRSA                                       | <input type="checkbox"/> Arthritis <input type="checkbox"/> Rheumatoid Arthritis |  |
| <input type="checkbox"/> High cholesterol                           | <input type="checkbox"/> Asthma  |  |
| <input type="checkbox"/> Anemia                                     | <input type="checkbox"/> Emphysema   |  |
| <input type="checkbox"/> Anxiety/Depression/Mental Illness (circle) | <input type="checkbox"/> Sleep apnea - Do you use oxygen? Y or N                 |  |
| <input type="checkbox"/> Cancer Type: _____                         | <input type="checkbox"/> Prostate problems                                       |  |
| <input type="checkbox"/> Heart attack                               | <input type="checkbox"/> Renal failure   |  |
| <input type="checkbox"/> Coronary Artery disease                    | <input type="checkbox"/> Emphysema/COPD  |  |
| <input type="checkbox"/> Peripheral Vascular Disease                | <input type="checkbox"/> Other (list) _____                                      |  |

## Surgeries (Please indicate if you had any of the following)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Appendix removed       | <input type="checkbox"/> Heart bypass/angioplasty | <input type="checkbox"/> Tonsils removed   |
| <input type="checkbox"/> Gallbladder removed    | <input type="checkbox"/> Defibrillator/pacemaker  | <input type="checkbox"/> Hernia surgery    |
| <input type="checkbox"/> Uterus/Ovaries removed | <input type="checkbox"/> Artificial heart valves  | <input type="checkbox"/> Cataracts removed |
| <input type="checkbox"/> Hemorrhoids removed    | <input type="checkbox"/> Knee/Hip replacements    | <input type="checkbox"/> Other _____       |

## Procedures/Laboratory/Radiology Histoy for Gastrointestinal (Please indicate if you had any of the following)

- |  |   |             |                 |
|--|---|-------------|-----------------|
| Stool tested for blood                               | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |
| Colonoscopy or Flexible Sigmoidoscopy                | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |
| MRI/CT scan of abdomen                               | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |
| Barium Enema or Barium upper gastrointestinal series | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |
| Liver Biopsy   | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |
| EGD or Upper Endoscopy                               | <input type="checkbox"/> Y <input type="checkbox"/> N | Date: _____ | Location: _____ |

## Personal History

- How may years of school have you completed? \_\_\_\_\_
- What is your current employment status?  Stay at Home Parent  Unemployed  Student  Retired  
 Employed Part-time  Employed Full-time Position: \_\_\_\_\_
- Previous Occupation: \_\_\_\_\_
- Do you have a disability?  Yes  No Cause: \_\_\_\_\_
- Marital Status:  Single  Married  Separated  Divorced  Widowed
- Do you have children?  Yes  No Number of sons? \_\_\_\_\_ Number of daughters? \_\_\_\_\_
- How would you rate your diet?  Poor  Average  Good  Excellent  Vegetarian
- How would you rate your daily physical activity?  sedentary  inconsistent  regular exercise  
 occasional exercise type of exercise? \_\_\_\_\_  active lifestyle (no organized exercise)
- What is your experience with smoking?  none  current smoker-start date \_\_\_\_\_  socially smoke cigarettes  
 secondary smoking exposure  no secondary smoking exposure  former smoker-quit date \_\_\_\_\_
- If you smoke, how many packs per day? \_\_\_\_\_ per week? \_\_\_\_\_
- Tobacco exposure is:  smokers in the home  no smokers in the home
- Do you use any other form of tobacco?  Yes  No Type? \_\_\_\_\_ how often? \_\_\_\_\_
- What is your experience with alcohol?  none  rare alcohol  occasional alcohol  currently drink alcohol  
 socially drink alcohol  occasional glass of wine  former drinker-quit date \_\_\_\_\_  alcohol dependency  
 recovering alcoholic-quit date \_\_\_\_\_  binge drink how much? \_\_\_\_\_ how often? \_\_\_\_\_

# HEALTH HISTORY (2 of 2)

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Patient Name: \_\_\_\_\_

## Personal History (cont)

Have you been \_\_sexually \_\_emotionally \_\_physically abused?  No  
 Describe your sexual activity?  not sexually active  Monogamous  practice safe sex  
 Do you use illicit or street drugs?  Yes  No If Yes, what do you use? \_\_\_\_\_ how often? \_\_\_\_\_  
 Have you used illicit or street drugs?  Yes  No What did you use? \_\_\_\_\_ how often? \_\_\_\_\_

## Family History (Please mark an "X" to indicate if any blood relative had the following)

Condition	Mother	Father	Sibling	Other Family Member	Comment
Arthritis					
Asthma					
Coronary Artery Disease					
High Cholesterol					
Depression					
Epilepsy					
Alcoholism					
Diabetes (Type 1 or 2)					
Genetic Disorder					
Heart Disease					
High Blood Pressure					
Lung Disease					
Mental Illness					
Migraines					
Kidney Disease					
Stroke					
Ulcerative Colitis					
Liver Disease					
Crohn's Disease					
Colon Polyps					
Irritable Bowe Syndrome					
Celiac Disease					
Hepatitis B					
Hepatitis C					
Acid Reflux					
Ulcers					

## Cancer – Please list family member and age at cancer diagnosis (if applicable). Include Parents, Siblings, Children, Grandparents, Uncles, Aunts and Cousins. Indicate “P” for paternal or “M” for maternal. Example: Grandmother-P

Breast: age: _____	Colon/Rectal: age: _____	Other: (list type)
Ovarian: age: _____	Pancreatic: age: _____	age: _____
Uterine: age: _____	Melanoma: age: _____	age: _____

## Medical Providers (Please list below the physicians currently treating your conditions)

Primary Care or Family Physician \_\_\_\_\_  
 Cardiologist \_\_\_\_\_  
 Endocrinologist \_\_\_\_\_  
 Transplant physician \_\_\_\_\_  
 Oncologist \_\_\_\_\_  
 Nephrologist \_\_\_\_\_  
 Other (Please specify condition) \_\_\_\_\_