



Date: _____

Patient Name: _____ Date of Birth: _____ Physician: _____

Your overall health is very important to us. The following assists us in providing quality care and will be sent to your Primary Care Physician for follow up care if needed.

- 1. Have you experienced a fall in the last year? [] Yes [] No
1a. If yes, Have you experienced 2 or more falls? [] Yes [] No
1b. Have you experienced a major injury caused by a fall? [] Yes [] No

2. Here are some questions about your health and feelings. Please read each question carefully and check () your best answer. You should answer the questions in your own way. There are no right or wrong answers.

Table with 4 columns: Question, Yes, describes me exactly, Somewhat describes me, No, doesn't describe me at all. Rows include: 2a. I give up too easily, 2b. I have difficulty concentrating, 2c. I am comfortable being around people.

During the past week, how much trouble have you had with:

Table with 4 columns: Question, None, Some, A Lot. Rows include: 2d. Sleeping, 2e. Getting tired easily, 2f. Feeling depressed or sad, 2g. Nervousness.

HOW TO SCORE:

- 1. Add the scores next to each of the blanks you checked.
2. If your total score is 5 or greater, then your symptoms of anxiety and/or depression may be excessive.

Above question is from the Duke Anxiety-Depression Scale (DUKE-AD)

3. The following are preventative screenings and measures that are important to your health. Indicate the date you have received the following:

Table with 3 columns: mammogram (women only), Influenza (flu) vaccine, Pneumonia vaccine. Each row has a blank line for the date.

Please list below the name of your current Primary Care Physician (Family doctor)
